

**UNIVERSITY OF HOUSTON
COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES
DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
B.S. IN KINESIOLOGY**

EXERCISE SCIENCE TRACK
Health Professions-OPTION
Degree Plan (120 semester hours of which 36 must be ADV.)

Not official unless signed by HHP Advisor

Student Name: _____ Semester/Year of Admission: _____
 PeopleSoft ID: _____ Advisor's Signature: _____
 Student Telephone: _____ Student's Signature: _____
 Student Email: _____ Dean's Signature: _____

ACADEMIC FOUNDATIONS (50 hrs)
UNIVERSITY CORE

COURSE	TRANS	GRADE	SH
ENGL 1303			3
ENGL 1304			3
HIST 1377			3
HIST 1378			3
POLS 1336			3
POLS 1337			3
BIOL1361, 1161			3/1
BIOL1362, 1162			3/1
MATH 1310			3
MATH 2311/Psyc 3301			3
MATH 1330			3
MATH REASONING*			3
KIN 1304			3
WRITING IN THE DISCIPLINES*			3
HUMANITIES*			3
VISUAL & PERFORM. ARTS*			3
TOTAL HOURS			50

* CHOOSE COURSES FROM THE COURSE INFORMATION LIST IN UH CLASS SCHEDULE OR SEE ADVISOR

KINESIOLOGY CORE (20 hrs.)

COURSE	TRANS	GRADE	SH
KIN 1252 Found. of Kines.			2
KIN 3304 Human Structure			3
KIN 3305 Soc. & Cult. Asp.			3
KIN 3306 Physiology			3
KIN 3309 Biomechanics			3
KIN 4310 Measurement			3
KIN 4315 Motor Learning			3
TOTAL HOURS COMPLETED			20

Student Responsibility to check with individual PT school requirements
 Advance = 3000 or 4000 level courses

EXERCISE SCIENCE CORE(44 hrs)

COURSE	TRANS	GRADE	SH
BIOL 1334,1134 A&P			3/1
BIOL 1344,1144 A&P			3/1
CHEM 1331, 1111			3/1
CHEM 1332, 1112			3/1
PHYS 1301, 1101			3/1
PHYS 1302, 1102			3/1
NUTR 2332 Intro to Human Nutrition			3
NUTR 4339 Sport Nutrition			3
KIN 4303 Obes Epid (NUTR 4345)			3
KIN 3350 Psy. Aspcts Sprt Ex.			3
KIN 4345 or 4350 or 4355			3
KIN 4370 Exercise Testing			3
PEB 1101 Health & Fitness			1
PEB Activity - Fitness Topics			1
TOTAL HOURS COMPLETED			44

APPROVED ELECTIVES (6 hrs, 3 ADV.)

COURSE	TRANS	GRADE	SH
Recommended			
KIN 4390 Internship ~optional			
KIN 4391 Internship ~optional			
COMM 1332 Public Speaking			
HDFS 2317 Intro Hum Dev & Intervention			
PSYC.2350 Child Development			
PSYC.4321 Abnormal Psyc.			
	Adv.		3

revised 08/2011

