

**UNIVERSITY OF HOUSTON
COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES
DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
B.S. IN KINESIOLOGY**

EXERCISE SCIENCE TRACK-PRIMARY OPTION
Degree Plan (120 semester hours of which 36 must be ADV.)

Not official unless signed by an HHP Advisor

Student Name: _____ Semester/Year of Admission: _____
 PeopleSoft ID: _____ Advisor's Signature: _____
 Student Telephone: _____ Student's Signature: _____
 Student Email: _____ Dean's Signature: _____

**ACADEMIC FOUNDATIONS (48 hrs)
UNIVERSITY CORE**

COURSE	TRANS	GRADE	SH
ENGL 1303			3
ENGL 1304			3
HIST 1377			3
HIST 1378			3
POLS 1336			3
POLS 1337			3
BIOL 1310 or BIOL 1361			3
BIOL 1320 or BIOL 1362			3
MATH 1310			3
MATH 2311/PSYC 3301			3
MATH 1330			3
MATH REASONING*			3
KIN 1304			3
WRITING IN THE DISCIPLINES*			3
HUMANITIES*			3
VISUAL & PERFORM.ARTS*			3
TOTAL HOURS			48
* CHOOSE COURSES FROM THE COURSE INFORMATION LIST IN UH CLASS SCHEDULE OR SEE ADVISOR			

KINESIOLOGY CORE (20 hrs.)

COURSE	TRANS	GRADE	SH
KIN 1252 Found. of Kines.			2
KIN 3304 Human Structure			3
KIN 3305 Soc. & Cult. Asp.			3
KIN 3306 Physiology			3
KIN 3309 Biomechanics			3
KIN 4310 Measurement			3
KIN 4315 Motor Learning			3
TOTAL HOURS COMPLETED			20

EXERCISE SCIENCE CORE (25 hrs)

COURSE	TRANS	GRADE	SH
CHEM 1301 Foundations			3
PHYS 1301 or 1302			3
NUTR 2332 Intro to Nutrition			3
NUTR 4339 Sport Nutrition			3
KIN 4303 Obes Epid (NUTR 4345)			3
KIN 3350 Psy. Aspcts Sprt Ex.			3
KIN 4345 or 4350 or 4355			3
KIN 4370 Exercise Testing			3
PEB 1101 Health & Fitness			1
TOTAL HOURS COMPLETED			

MINOR (Minimum of 15-18 hrs. 9 ADV.)

COURSE	TRANS	GRADE	SH
			3
			3
			3
			3
			3
TOTAL HOURS COMPLETED			

see minor Dept for contract

APPROVED ELECTIVES (12 hrs. 9 ADV.)

COURSE	TRANS	GRADE	SH
KIN 4390:91 Intern.-optional			
		Adv.	
		Adv.	
		Adv.	
TOTAL HOURS COMPLETED			

~ Optional. Application and general petition required. May choose 3 or 6 hours.

Revised 08/2011

APPROVED MINORS: BIOLOGY, BUSINESS, HEALTH, NUTRITION, PSYCHOLOGY (Declare minor at department of minor and bring approved copy to HHP Department).